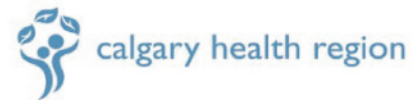


## Message from Calgary Health Region



Did you know there are alternative means of commuting to work that can save you money on gas and parking fees, lower your insurance premiums, reduce wear on your vehicle, boost your fitness level, reduce stress and are more environmentally friendly?

HealthCommute is the Calgary Health Region's smart commuting solution program that provides staff with daily commuting options such as riding transit, carpooling, cycling and walking. The goals of the program are to reduce parking demand, decrease the number of commute trips made by staff driving alone and reducing site, as well as community, traffic congestion. Staff will enjoy the benefit of saving money, reducing commuting stress and playing a role in reducing greenhouse gas emissions.

"HealthCommute encourages Calgary Health Region's employees to consider more sustainable transportation means of accessing our site than the traditional single-occupant vehicle," says Jack Davis, President and CEO.

For more information on Calgary Health Region's HealthCommute, contact Karen Lim at [karen.lim@calgaryhealthregion.ca](mailto:karen.lim@calgaryhealthregion.ca)

### Buy a transit pass and cut your tax bill

As of July 1, 2006, transit users who buy monthly passes are eligible for a new, non-refundable tax credit to offset the cost of travel after June 30, 2006.

A non-refundable tax credit means your claim amount is calculated using the lowest personal income tax rate and deducted from the amount of tax you otherwise would have had to pay. You can claim the full amount of transit passes for yourself, your spouse, your common-law partner and children less than 19 years of age.

This tax credit could translate into nearly two months of free public transit. Here's how it works: adult monthly passes for the year add up to \$900 and that would generate a tax credit of \$139.50, which is about the cost of two months of transit travel.

To find out more about the Tax Credit for Public Transit Passes Program, you can visit the website at: [www.transitpass.ca](http://www.transitpass.ca)

### HealthCommute Fast Facts

Calgary Transit carries nearly 500,000 passengers each day.

Source: City of Calgary

Nearly 80 percent of all cars on Calgary roads are occupied by only the driver (single-occupancy vehicles).

Source: City of Calgary

A commuter driving a late model car 25 kilometres daily between home and work spends about \$8,150 each year in operating and ownership expenses.

Source: Canadian Automobile Association, 2001

Calgary Transit's CTrains are powered by electricity generated by 12 windmills in Southern Alberta. Using wind-generated power currently reduces CO<sub>2</sub> emissions by 26,000 tonnes annually.

Source: City of Calgary

In 2006, Calgary Transit transported almost 90 million customers. If these customers used their own vehicles they would generate an estimated 258,000 tonnes of CO<sub>2</sub> and other emissions annually.

Source: City of Calgary

## Travelling Across Town?

Click

and we'll plan your trip.

[www.calgarytransit.com](http://www.calgarytransit.com)



➔ **Transit Trip Planning.**  
**ONLINE. ANYTIME.**

Calgary Transit has implemented a new online service, **Trip Planning on the Web**, that allows you to easily plan your next trip by bus or CTrain. You simply enter where you wish to go and where you will be leaving from, and receive up to five itineraries on how to travel there by Calgary Transit bus or CTrain. Also included in the itineraries will be the schedule times of when to leave, the time you will arrive at your destination and any transfer connections you will need to make, as well as the duration of your trip.

Along with trip planning information, you can find the closest bus stops to where you live, work or play and route schedules that will provide times for a single stop, the main time points or all stops along the route.

[www.calgarytransit.com](http://www.calgarytransit.com)